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MY PHILOSOPHY

by L. Ron Hubbard

The subject of philosophy is very ancient. The word means: 'The love, study or pursuit of wisdom, or of knowledge of things and their causes; whether theoretical or practical.'

All we know of science or of religion comes from philosophy. It lies behind and above all other knowledge we have or use.

For long regarded as a subject reserved for halls of learning and the intellectual, the subject, to a remarkable degree, has been denied the man in the street.

Surrounded by protective coatings of impenetrable scholarship, philosophy has been reserved to the privileged few.

The first principle of my own philosophy is that wisdom is meant for anyone who wishes to reach for it. It is the servant of the commoner and king alike and should never be regarded with awe.

Selfish scholars seldom forgive anyone who seeks to break down the walls of mystery and let the people in. Will Durant, the modern American philosopher, was relegated to the scrap heap by his fellow scholars when he wrote a popular book on the subject, "The Outline of Philosophy." Thus brick bats come the way of any who seek to bring wisdom to the people over the objections of the 'inner circle'.

The second principle of my own philosophy is that it must be capable of being applied.

Learning locked in mildewed books is of little use to anyone and therefore of no value unless it can be used.

The third principle is that any philosophic knowledge is only valuable if it is true or if it works.

These three principles are so strange to the field of philosophy, that I have given my philosophy a name: SCIENTOLOGY. This means only "knowing how to know."

A philosophy can only be a route to knowledge. It cannot be crammed down one's throat. If one has a route, he can then find what is true for him. And that is Scientology.

Know Thyself...and the truth shall set you free.

Therefore, in Scientology, we are not concerned with individual actions and differences. We are only concerned with how to show Man how he can set himself or herself free.

This, of course, is not very popular with those who depend upon the slavery of others for their living or power. But it happens to be the only way I have found that really improves an individual's life.

Suppression and oppression are the basic causes of depression. If you relieve those, a person can lift his head, become well, and become happy with life.

And though it may be unpopular with the slave master, it is very popular with the people.

The common man likes to be happy and well. He likes to be able to understand things, and he knows his route to freedom lies through knowledge.

Therefore, for 15 years I have had Mankind knocking on my door. It has not mattered where I have lived or how remote, since I first published a book on the subject, my life has no longer been my own.

I like to help others and count it as my greatest pleasure in life to see a person free himself of the shadows which darken his days.

These shadows look so thick to him and weigh him down so that when he finds they are shadows and that he can see through them, walk through them and be again in the sun, he is enormously delighted. And I am afraid I am just as delighted as he is.

I have seen much human misery. As a very young man I wandered through Asia and saw the agony and misery of overpopulated and underdeveloped lands. I have seen people uncaring and stepping over dying men in the streets. I have seen children less than rags and bones. And amongst this poverty and degradation I found holy places where wisdom was great, but where it was carefully hidden and given out only as superstition. Later, in Western universities, I saw Man obsessed with materiality and with all his cunning. I saw him hide what little wisdom he really had in forbidding halls and make it inaccessible to the common and less favoured man. I have been through a terrible war and saw its terror and pain unceasing by a single word of decency or humanity.

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THE VIRGO-LIBRA CUSP

If your birthday falls between the 21st and 27th of September you are said to be born on the Virgo-Libra cusp, and although you may consider yourself a native of either, the one sign or the other—it just will not do, since you are ruled by both signs and a delineation for either sign alone could be quite erroneous.

Actually, you are influenced by both mental Mercury, ruler of Virgo and lovely Venus, ruler of Libra,—both very good planets to be ruled by—and as such, you are no doubt a very fascinating person!

Intuitively, divining the truth of things, native is not easily imposed upon, but otherwise, these natives are very kindly in manner, most unselfish, enthusiastic and impulsive. The nature is generally happy, warm-hearted and deeply sincere.

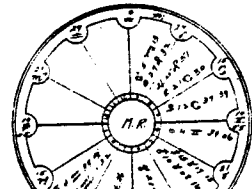
Such natives make devoted marital companions, but if the marriage turns out as being unhappy, they usually make the best of a bad situation and turn their attentions to things

the native is vulnerable to nervous ailments. These things usually affect the more undeveloped person, since the more developed have a fondness for the out-of-doors,—trees, flowers, sunshine and the wide open spaces,—worry cannot exist very long! One old time writer opines that these natives can have these ailments or not—just as they choose! Obviously prevention is simple—"Don't worry—be happy!"—and get out of doors. Also worthy of note is that the Virgo part of this combine seems to have endowed our native with eternal youth—while the Libra part is for the most part, responsible for great beauty.

Dear Sylvia: I have held public office for over 22 years and should like to be reelected once more. I am strong for my years—and continue to carry out my duties as one not over 50 years of age. However, my adversaries are now trying to use my age against me. Please look into this for me and be sincere. Tell me whether you think I have a chance of being reelected. If the answer is

co-rulers of your Sun sign. There are many other indications pointing to good luck and a fortunate period for you in October and November. All of these indications but strengthen the very favorable indications in a chart erected specifically for your question which shows a happy outcome to your hopes and wishes.

Dear Sylvia: My mother and I have lived together ever since my father's death over ten years ago and we enjoy a wonderful relationship. However, since she is not too well, there is not too much outside activity with the exception of my work, and I am wondering if there will be anything else for me except this rather uneventful life. I trust this will not seem cold or selfish!—M.R.



MY PHILOSOPHY (Continued from Page 2)

I have lived no cloistered life and hold in contempt the wise man who has not lived and the scholar who will not share.

There have been many wiser men than I, but few have travelled as much road.

I have seen life from the top down and the bottom up. I know how it looks both ways. And I know there is wisdom and that there is hope.

Blinded with injured optic nerves, and lame with physical injuries to hip and back, at the end of World War II, I faced an almost non-existent future. My service record states: "This officer has no neurotic or psychotic tendencies of any kind whatsoever," but it also states 'permanently disabled physically.'

And so there came a further blow I was abandoned by family and friends as a supposedly hopeless cripple and a probable burden upon them for the rest of my days. Yet I worked my way back to fitness and strength in less than two years, using only what I knew and could determine about Man and his relationship to the universe. I had no one to help me; what I had to know I had to find out. And it's quite a trick studying when you cannot see.

I became used to being told it was all impossible, that there was no way, no hope. Yet I came to see again and walk again; and I built an entirely new life. It is a happy life, a busy one and I hope a useful one. My only moments of sadness are those which come when bigoted men tell others that all is bad and there is no route anywhere, no hope anywhere, nothing but sadness and sameness and desolation, and that every effort to help others is false. I know it is not true.

So my own philosophy is, that one should share what wisdom he has, one should help others to help themselves, and one should keep going despite heavy weather for there is always a calm ahead. One should also ignore catcalls from the selfish intellectual who cries: "Don't expose the mystery, Keep it all for ourselves. The people cannot understand."

But as I have never seen wisdom do any good kept to oneself, and as I like to see others happy, and as I find the vast majority of the people can and do understand, I will keep on writing and working and teaching so long as I exist.

For I know no man who has any monopoly upon the wisdom of this universe. It belongs to those who can use it to help themselves and others.

If things were a little better known and understood, we would all lead happier lives.

And there is a way to know them and there is a way to freedom.

The old must give way to the new, falsehood must become exposed by truth, and truth, though fought, always in the end prevails.

across unknown reaches of the past.

I extended my arms before me as a gesture to break through some strange, invisible barrier. The room became aglow with sunlight, and when I looked at the painting again, my grandfather was smiling.

"We are eternally young, my child—children of untold ages. Live in this place with my love, for you are the semblance of my beloved!"

Stunned beyond belief, but with a compulsion that drove me to lift my eyes toward the painting, I discovered that it was gone.

*Lord, Let me not die
Until I've done for Thee
My Earthly work
Whatever it may be*

*Call me not hence
With mission unfulfilled
Let me not leave
My space of ground untilled.*

*Impress this truth
Upon me that not one
Can do my portion
That I leave undone.*

—By Rev. Eugene Parrish

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DECEMBER 11, 1966

Scientology As It Is Practiced In Its Detroit Temple

BY MARJORY JACKSON
For Detroit Magazine

Most people, according to Scientologists, are preclears — people who trudge through life dragging a long string of withholds and engrams behind them.

As a matter of fact, there are but 17 clears in the entire world—with the possibility of an 18th emerging soon here in Detroit. Scientology is a small but fervid international religion-philosophy which its adherents claim has brought them clarity of mind and ability to cope with this spinning 20th Century.

It is the mind, primarily, that Scientology concerns itself with. It says the mind is like a magnetic tape upon which everything is recorded, from the moment of conception. Particularly dangerous to the survival of a preclear are experiences which his mind records when he is unconscious, or in utero. It is these experiences that Scientologists call engrams.

Out at 10150 W. Nine Mile Road in Oak Park is the Scientology Temple Forum, presided over by director Phillip Spickler, his wife, Terri, and another aide, Ruth Minshull. The two Spickler children, aged 5 and 11, are frequently present when Mrs. Spickler runs training drills for children on Saturday mornings.

Spickler, a native Detroit, has been a Scientologist for 15 years and has recently returned to Detroit to devote full time to the Forum. "I returned," he says, "because I found a warm climate of acceptance among the people I've talked to. I believe Scientology can offer many people a completely new and enthusiastic approach to life."

Spickler is a graduate of Central High School and the University of Miami, where he earned degrees in both philosophy and civil engineering.

"Scientology," he explains, "was founded in 1948 at Wichita, Kan., by a prolific science-fiction writer named L. Ron Hubbard, where he established the Hubbard Dianetic Foundation, Inc."

Hubbard is today director of the Scientology Institute at England's St. Hill Manor, headquarters and training school for Scientologists. St. Hill, once the home of former U.S. ambassador to Great Britain, Anthony Biddle Duke, lies in the beautiful countryside of East Grinstead outside London. There Hubbard turns out volumes of Scientology literature on everything from self-analysis to the problems of radiation.

His writings are prodigious, obviously unedited, sometimes contradictory.

"The literature might appear crude," admitted Spickler, "but Scientology works and that's what is important."

"Today's world is in desperate need of Scientology," he said. "Scientology is a



Phillip Spickler in his Scientology Temple Forum.

Photographs for the Free Press by Sue Marx

"Prenatal experience from the moment of conception can have traumatic effects on the individual—particularly if the mother attempts abortion . . ."

melding of the spiritual philosophy of the 'allness' of the East and Western man's mechanical and scientific philosophy. Scientology is the unification of all useful knowledge. The East needs the West's refrigerators; the West needs the serenity of the East. Scientology provides the answer to both.

"Scientology is a road to truth by which man can be set free—a road map which gives good directions on the trip through life," he said.

Scientology divides man into eight equal parts of existence:

1. The survival of self;
2. Survival through the family unit;
3. Survival through groups such as nations;
4. Survival through mankind;
5. Survival through all life forms;
6. Survival through the physical universe;
7. Survival through the spiritual;
8. Survival through a Supreme Being or Infinity.

There are several charts in the office showing the sub-divisions of these eight groups, as well as a chart of the "Tone Scale of Life," which shows how a person is reacting to life.

Medical opinion today confirms prenatal influence, but according to Scientologists prenatal experience from the moment of conception can have traumatic effects on the individual—particularly if the mother attempts abortion, or AA, as Hubbard refers to it.

One of Spickler's most dramatic cases was a psychotic who had been given up as hopeless. Through a process Scientologists call auditing, Spickler was able, he said, to help the woman recall sensations she experienced when her mother attempted abortion. After recognizing the cause of her feelings of terror and threat to her life, Spickler said, the woman was cured and returned to a normal life.

"Scientology incorporates the Buddhist

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Scientology: 'A Great Deal Of Mysticism'

Continued
philosophy of cause and effect," explained Spickler. "Nothing happens in a person's life that was not caused by some previous act."

"You mean if a child is beaten by an alcoholic father he caused the act?"

"Yes."

"But how could a child control his father's behavior?"

Spickler gazed at me serenely for a few moments. "He may at some other time have committed an act which caused his father to have this effect on him."

"In other words Scientology believes in reincarnation?"

"Yes. I have discovered when auditing individuals that they often are able to recall experiences and sensations from another life. For example, a preclear I was treating felt life had dealt him a horribly unjust blow, but through auditing he recalled a time when he slew innocent children himself as a figure of power. Whether this actually happened to him may be questionable but the result was that he was able to accept his tragedy and feel the slate had been wiped clean. He then went on to a richer, fuller life."

"What exactly is auditing?"

"A trained auditor asks a preclear a question which he can understand and answer, gets an answer and acknowledges that answer. A trained auditor with the use of an E-meter can tell whether he is getting the complete answer to the question he is asking. He keeps asking it until the preclear gives him all the information on the subject."

"And the E-meter?"

"An electronic device used for measuring the mental state of uncleared individuals. You might say it is something like a lie detector."

Scientology claims that there are some auditors who are better than others, but any auditor is better than none.

Besides the use of the E-meter in direct question-and-answer sessions, the preclear also lies on a couch with his eyes closed and is questioned at length by the auditor.

The danger in Scientology is, as one doctor said, that: "Certain areas in a person's life may be disturbed without the auditor or the 'patient' being able to handle the emotions that are aroused as the result of auditing."

"Are there any complete Clears anywhere?"

"Yes, there are 17 in the world."

Spickler, however, has graduated from six levels of awareness into the seventh, from which he may soon pass into the state of being a complete Clear.

In this state, the individual does not react unknowingly. He is free to respond as he chooses to stimuli. This state oper-

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DETROIT Sits In On a Preclear Auditing

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The auditor faces preclear, who holds two cylindrical aluminum tubes of the E-Meter. The auditor proceeds to reel off a sequence of words and watches the dial of the E-Meter for preclear's reaction. If the needle moves violently, says Scientology, the preclear has problems in that area.

* * *

Auditor: Water . . . food . . . sleep . . . sex . . . stealing . . . adultery . . . grass . . . dogs . . . mother . . . sister . . . Negro . . . baby . . . father.

A. Oh, the needle showed a sharp reaction when I said steal. Have you ever stolen anything?

P. No, of course not.

A. All right . . . we'll try again. Steal! Oh, oh, there is definitely a reading on the E-Meter. Come on now, tell what you think of when I mention stealing. Yes, there it is . . . that's it . . . what thoughts were you having just now?

P. Well, when I was about 7 years old I took two nickels from my little girl friend.

A. And did your parents punish you?

P. Not really . . . they couldn't believe their little girl would actually steal anything.

A. Do you think you should have been punished?

P. Perhaps.

A. Is that the only time you have ever stolen anything?

P. That's all I can remember. I might have taken some things from a dime store when I was about 12.

A. Might have?

P. Well, I probably did.

A. Did you get away with it?

P. Yes.

A. Is that the only other time you ever stole anything?

P. Yes.

A. Well, we'll try again. Steal! Yes, that was it . . . the meter shows no reading. We'll go on.

* * *

This process continues until the preclear can talk freely to the auditor about any subject at all. The next step is for the preclear to lie on a couch with his eyes closed and be questioned by the auditor concerning whatever problem may be bothering him.

A. You say that you have trouble sleeping at night. Has this been a problem for a number of years?

P. Yes, for the past ten years I've had to take a sleeping pill to go to sleep.

A. When did you start taking pills?

P. Just after I moved into my own

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The Possibility Of Reincarnation

Continued

ates only when the clear is not physically threatened by extinction, at which time he might resort to animal-like means of survival.

Scientology places great stress upon communication between individuals, and there are many training drills which enable people to learn techniques of better communication.

Dr. Lee Shulman, Detroit psychologist who had investigated some of the claims of Scientology, although admitting to the sincerity of the group, warned that there is a great deal of mysticism in Scientology.

"Mysticism leads to fantasizing, and neurosis is often based on fantasy."

"Do you think Scientology can be harmful?"

"Not unless the individual is disturbed

and should seek recognized professional help."

After two weeks of auditing I felt no clearer than I had before. The methodology seemed amateurish, although the Scientologists' sincere effort to help the individual lead a life of wider dimension was always present.

At the Esalen Institute in Big Sur Hot Springs, Cal., a group of scientists, educators and religious leaders are studying ways to increase human potential. President Michael Murphy is starting a program to "train graduate fellows in aspects of life that most schools neglect—the non-verbal humanities which include meditation, more sensitive seeing, hearing, feeling and creating."

And historian Arnold Toynbee has concluded that the religion that will save the world must go far beyond present Christianity and include a synthesis of all other higher religions including Buddhism, Hinduism and Islam.

Scientology would like to be it. D

Life and Love E-Meter Style

Continued

apartment before I was married.

A. From the first night that you slept alone?

P. Well, I hadn't thought about it . . . I can't recall the exact night.

A. But it's in your memory. The first night is there: Now, when I snap my finger your memory scanner will go back to the first night when insomnia occurred. (snap)

The mind supposedly travels along its magnetic-like tape to whatever it can remember of the first time sleeplessness occurred.

P. Well, the first completely sleepless night I can remember was when I was still in college. It was before I lived alone.

This question and answer session goes on until the preclear remembers everything concerning sleeplessness. At some point the real problem is supposed to disclose itself and with exposure help the preclear overcome insomnia.

During auditing, one can recall forgotten experiences. The auditor encourages the preclear to recreate all the senses involved in an important episode, seeing, hearing, smelling, tasting, touching. The preclear might also remember certain words or phrases which occurred at that time. The preclear is drawn into re-experiencing his original emotional reaction.

A preclear is supposed to be helped with a specific problem generally after 10-20 hours of auditing. After about 10-14 hours of auditing I felt no clearer — or more capable than I did before. However, I did not feel any the worse for wear . . . boredom was actually my overall reaction. ⁽⁷⁾

A GLOSSARY:

OBNOSIS AND THE REST

Bank: The reactive mind; this is what the procedures of Scientology are devoted to disposing of, "for it is only a burden to an individual and he is much better off without it." A Clear has no bank.

Clear: A person who has erased his reactive mind. He no longer has a bank or time track, and he is again wholly himself and can follow his own basic purposes.

Communication: The interchange of ideas or objects between two people, or terminals. "More precisely, the definition of communication is: Cause, distance, effect with intention and attention and a duplication at effect of what emanates from cause. The ability to communicate is the key to success in life."

Missed Withhold: A withhold which another person nearly found out about, leaving the person with the withhold in a state of wondering whether his hidden deed is known or not.

Obnosis: Observation of the obvious. The only way one sees anything is by observing the obvious: One looks at the "is-ness" of something, at what is actually there; ability to obnose is not inborn or mystical.

Suppressive Acts: Actions or omissions undertaken knowingly to suppress, reduce or impede Scientology or Scientologists. Such actions are "high crimes" and result in dismissal from Scientology.

Time Track: The consecutive mental image pictures recording the consecutive moments through which the individual has lived.

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